



LILIE, LLC Course Information

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**More detailed course curriculum, including graduate level, alignment with standards, culturally responsive practices, assessments and resources, can be provided upon request*

Title of Course: EmoIQ: Enhancing Academic Success through Emotional Intelligence

Course Description:

Emotional Intelligence plays a significant role in students' abilities to manage stress, build positive relationships, and effectively manage the challenges of the learning environment. In this course educators will delve into the essential principles of emotional intelligence and its proven connection to academic success while creating a more equitable and inclusive environment for those from historically marginalized groups. Participants will research and discuss strategies to address and improve upon students' emotional intelligence and create a classroom environment that fosters positive academic outcomes, self-awareness, empathy and inclusivity. Practical tools that help students not only excel academically but also cultivate vital life skills for success beyond the classroom will be developed throughout the course.

Instructor Consultation and Interaction

The course is an asynchronous online course that is available for instructor and student participation 24/7. The four-week duration of the class is broken down into four weekly sections each comprised of lecture in the form of instructor created articles and content, web links to academic and professionally reviewed articles in the discipline of general education, and instructor created discussion questions which are, in and of themselves, formative assessments to determine the extent to which the enrollees have comprehended and mastered the skills and information and begun to apply it to their personal teaching practices. The answers to these questions are the basis for the class interaction, as enrollees are required to respond to each other within the classroom.

Proof of Course Completion

LILIE, LLC is committed to assuring that enrollees fully participate in and receive the educational benefits provided by the course. Enrollees must demonstrate participation by making detailed postings designed to foster dialogue among colleagues and instructor that reflect the content, skills/ strategies learned and assessments covered in course. These enrollee postings must be made six times each week, in separate sessions, and including a minimum of 4 academic posts and at least 2 peer-peer comments of others' postings and possible shared assignments. Enrollees are required to submit a detailed reflective feedback n in combination with the archived work. Attempts to falsify record or discussion board entries will result in denial of credit and a report to the enrollee's employer.



Scope & Sequence/Weekly Topics and Objectives

Session I

<p>Objectives</p>	<ul style="list-style-type: none"> • Participants will be able to understand the historical significance of Emotional Intelligence and its relevance in educational settings. • Participants will gain insight into the importance of incorporating diverse perspectives and experiences into their understanding of EI and culturally responsive teaching, fostering equity and an asset-based approach to education. • Participants will be equipped to explore educational resources prioritizing equity in teaching practices, enabling them to advocate for historically underserved and marginalized populations while understanding the significance of equity in teaching methods • Participants will develop a deeper understanding of Emotional Intelligence principles and cognitive biases, allowing them to effectively navigate and integrate EI concepts into their teaching practices. • Participants will learn strategies for fostering a brave learning environment, encouraging openness, vulnerability, and respectful dialogue among students, which in turn cultivates emotional intelligence and critical consciousness in the classroom.
<p>Topics</p>	<ul style="list-style-type: none"> • Understanding Emotional Intelligence • Fostering a Brave Learning Environment • Cultivating Critical Consciousness
<p>Application to Instruction & Student Learning</p>	<p>These topics provide educators with a comprehensive framework to enhance instruction and promote student learning by integrating emotional intelligence, culturally responsive teaching practices, and critical consciousness development. These modules guide educators in understanding the significance of EI in educational settings, advocating for equity, and fostering inclusive learning environments. Through reflection and exploration of resources, educators learn to recognize and address cognitive biases, cultivate bravery in the classroom, and empower students to critically analyze social dynamics and advocate for positive change. By integrating the insights and strategies from these modules into their instructional practices, educators can create transformative learning experiences that promote emotional intelligence, cultural responsiveness, and critical consciousness development among their students, ultimately contributing to a more just and inclusive society.</p>

Session II

<p>Objectives</p>	<ul style="list-style-type: none"> • Participants will be able to integrate principles of emotional intelligence into their classroom management practices to foster a positive and inclusive learning environment. • Participants will develop strategies for promoting empathy and inclusivity in their teaching practices, enhancing student engagement and understanding. • Participants will gain an understanding of the importance of supporting students' social-emotional well-being and will be equipped with tools to address diverse challenges students may face.
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	<ul style="list-style-type: none"> • Participants will learn how to incorporate culturally responsive practices into their teaching to create an inclusive environment where all students feel valued and supported. • Participants will acquire skills for building a strong sense of community among students, promoting collaboration, teamwork, and mutual support in the classroom. • Participants will develop a comprehensive approach to instruction that integrates emotional intelligence, empathy, social-emotional learning, and community-building practices to enhance student learning outcomes and holistic development.
Topics	<ul style="list-style-type: none"> • Applying Emotional Intelligence in Classroom Management • Empathy and Inclusivity in Teaching Practices • Supporting Student’s Social-Emotional Well-Being • Building a Community of Learners
Application to Instruction & Student Learning	<p>These topics collectively offer a comprehensive framework for enhancing instruction and student learning. By integrating principles of emotional intelligence into classroom management practices, educators can create a positive and nurturing environment conducive to academic success. Prioritizing empathy and inclusivity in teaching practices fosters a sense of belonging among students, promoting collaboration and understanding. Supporting students' social-emotional well-being acknowledges their diverse challenges and cultivates resilience through culturally responsive practices and social-emotional learning integration. Building a community of learners strengthens peer relationships, teamwork, and mutual support, enriching the overall learning experience. Through these modules, educators gain valuable insights and practical strategies to create inclusive, supportive, and engaging learning environments that facilitate holistic student development.</p>

Session III

Objectives	<ul style="list-style-type: none"> • Develop a comprehensive understanding of the importance of family engagement in supporting students' emotional development and academic success, particularly for marginalized and at-risk populations such as displaced and SIFE students. • Explore effective strategies for communicating with families experiencing unstable housing or displacement, and for engaging SIFE students and immigrant families in the educational process. • Gain insight into the role of social-emotional learning in addressing the needs of at-risk students, and learn how to effectively communicate students' social-emotional development and concerns with families. • Evaluate the benefits and challenges of leveraging technology to foster emotional intelligence and support social-emotional learning initiatives in the classroom. • Develop strategies for promoting resilience and a growth mindset among students, and explore techniques for encouraging perseverance, celebrating effort and progress, and empowering students to embrace challenges as opportunities for growth. • Explore the role of self-reflection and goal setting in promoting emotional intelligence and personal growth, and develop practical approaches for guiding students in reflecting on their emotions, strengths, and areas for growth, and setting meaningful goals aligned with their values and aspirations.
Topics	<ul style="list-style-type: none"> • Enhancing Family Engagement and Emotional Intelligences • Leveraging Technology to Foster Emotional Intelligence • Cultivating Resilience and Growth Mindset • Promoting Self-Reflection and Goal Setting
Application to Instruction & Student Learning	<p>These topics provide educators with a comprehensive framework for enhancing family engagement, leveraging technology for emotional intelligence, cultivating resilience and growth mindset, and promoting self-reflection and goal setting. By prioritizing family engagement, educators create a supportive network that fosters students' emotional development and academic success. Integrating technology into teaching practices enhances students' social-emotional learning experiences, empowering them to navigate challenges and develop essential skills for the digital age. Cultivating</p>

	resilience and growth mindset equips students with the mindset and strategies needed to overcome obstacles and pursue their goals with confidence. Promoting self-reflection and goal setting empowers students to take ownership of their learning journey and become self-directed learners. Through these modules, educators gain valuable insights and practical strategies to create inclusive, supportive, and engaging learning environments that facilitate holistic student development.
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Session IV

Objectives	<ul style="list-style-type: none"> • Develop a comprehensive understanding of the challenges and considerations involved in integrating Social-Emotional Learning into curriculum design, including time constraints, resource availability, teacher training, alignment with academic standards, assessment and evaluation, and cultural relevance and equity. • Explore strategies for infusing emotional intelligence principles into curriculum design and instructional practices across various subject areas, with a focus on promoting self-awareness, self-management, social awareness, relationship skills, and responsible decision-making. • Learn how to create personalized emotional intelligence plans tailored to meet the diverse needs and strengths of individual students, including strategies for assessing students' emotional intelligence competencies, co-creating goals and action steps with students and families, and fostering a sense of agency and ownership among students. • Develop reflective practices for continuous professional growth, including journaling, peer observation, and collaboration with colleagues and mentors to refine instructional approaches and promote emotional intelligence in the classroom. • Design a practical toolkit for promoting emotional intelligence in the classroom, incorporating tools, activities, and resources synthesized from the course content and tailored to meet the unique needs of students while fostering a culture of empathy, inclusivity, and growth. • Share ideas and best practices for disseminating the toolkit and collaborating with fellow educators to amplify the impact of emotional intelligence in schools and communities, promoting collective learning and continuous improvement in social-emotional learning practices.
Topics	<ul style="list-style-type: none"> • Integrating Emotional Intelligence into Curriculum Design • Creating Personalized Emotional Intelligence Plans • Developing Reflective Practices for Continuous Growth • Designing a Toolkit for Emotional Intelligence
Application to Instruction & Student Learning	<p>Modules 4A through 4D collectively provide educators with a comprehensive framework for enhancing instruction and student learning and educators can create personalized emotional intelligence plans tailored to the diverse needs and strengths of students. These plans foster agency and ownership among students in their social-emotional development. Additionally, educators develop reflective practices for continuous growth, integrating reflection into daily teaching routines to inform practice and sustain a commitment to nurturing emotional intelligence in themselves and their students. Finally, educators design toolkits for promoting emotional intelligence in the classroom, selecting culturally responsive tools, activities, and resources to support the development of students' social-emotional skills. Through these modules, educators gain valuable insights and practical strategies to create inclusive, supportive, and engaging learning environments that facilitate holistic student development.</p>